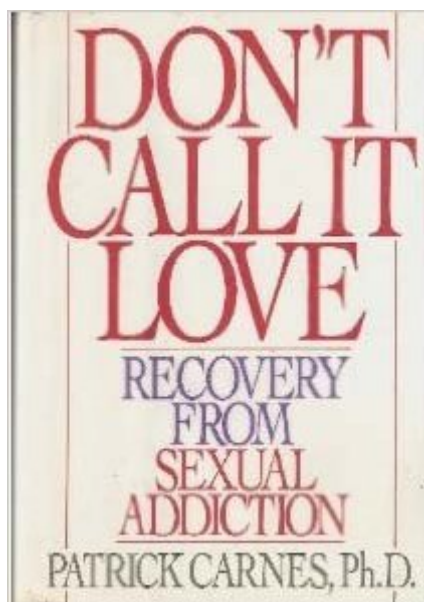


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# Don't Call It Love



## Synopsis

"Dr. Patrick Carnes is a creative, a pioneering, and courageous human being. His books are changing the lives of thousands!" "I lost three marriages, all because of affairs." "I became suicidal because of multiple intense involvements." "I spent money on sex when I needed it for children's clothes." "I lost promotion opportunities and a special scholarship because my co-workers found out about my sex life." Every day they face the possibility of destruction, risking their families, fiances, jobs, dignity, and health. They come from all walks of life: ministers, physicians, therapists, politicians, executives, blue-collar workers. Most were abused as children--sexually, physically or emotionally--and saw addictive behavior in their early lives. Most grapple with other addictions as well, but their fiercest battle is with the most astounding prevalent "secret" disorder in America: sexual addiction. Here is a ground-breaking work by the nation's leading professional expert on sexual addiction, based on the candid testimony of more than one thousand recovering sexual addicts in the first major scientific study of the disorder. This essential volume includes not only the revealing findings of Dr. Carne's research with recovering addicts but also advice from the addicts and co-addicts themselves as they work to overcome their compulsive behavior. Positive, hopeful, and practical, *Don't Call It Love* is a landmark book that helps us better understand all addictions, their causes, and the difficult path to recovery. From the Trade Paperback edition.

## Book Information

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Average Customer Review: 4.7 out of 5 stars See all reviews (61 customer reviews)

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Psychology & Counseling > Pathologies #1692 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

## Customer Reviews

Easily, I could say that Patrick Carne's books on sexual addiction has saved my marriage and my husband's life and maybe my own as well. My first read was "Out of the Shadows" and it softened my angry heart after hearing my husband's confession of being with around 100 women over the past 5 years of our 17 year marriage and all sexual encounters were UNPROTECTED sex. I found out the hard way. How could all these powerful, crippling emotions that I was feeling be tamed?? How could I ever forgive this scum of the earth!! READ this book and you can do the impossible!! It answers my questions without having to continually confront my husband with the awful thoughts of how he could be such a hypocrite all our married years!! What was he doing? Is he comparing me to his many different women when we had sex? Will he do it again? Will he always lie?? Is he really a good person deep down?? etc. All the questions have been answered and then some and I saw my own behaviors make the situation even worse without my knowing. I was a coaddict and codependent at different times. In only 4 months of my recovery and 18 months of his recovery we are happier than I ever thought possible!! This book takes you step by step as to what you can expect with building a healthy relationship with a recovering sex addict!! It is very detailed and gives advice from recovering addicts! It speaks in easy to understand language. It recognizes problems that can arise and gives you answers as to what to do if they happen to you!! This was my fifth book on looking for answers to sexual addiction..Out of the Shadows was first, Secret Wars..second..Love, Sex and Infidelity, His Needs/Her Needs, and finally, with MUCH relief to my quest..DON'T CALL IT LOVE!!

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